

SleepWell

Simplifying CPAP therapy management, delivery, and experience for care providers and patients.

Patient adherence rate following traditional face-to-face patient monitoring averages 63% and falls slightly over time, mainly due to socioeconomic and geographic issues.¹ Digital health and monitoring services that enable early problem detection and intervention and automate education and feedback improve therapy adherence rate up to 85% within the first 90 days, a critical predictor for long-term compliance.²⁻⁴

SleepWell is a cloud-based monitoring service that improves communication and care delivery transparency between care providers and their patients.

SleepWell Track (web) allows care providers to manage their patients with customizable overviews to assess compliance rates, identify issues, and deliver productive and personalized consultations.

SleepWell (app) provides patients with daily session scores with breakdown, period reports, and coaching to help patients self-monitor their therapy progress and develop healthier habits, improving their startup experience and long-term adherence.



Care Provider

Reduce patient management and care delivery complexity

SleepWell Track provides care providers with a wide range of patient monitoring services, including customizable dashboards that organizes patients' compliance data into intuitive patient cards, reports, filtered overviews, web alerts, and notifications to remotely and efficiently monitor treatment processes, patients' compliance and outcomes.

Communicate frequently, identify issues and intervene early

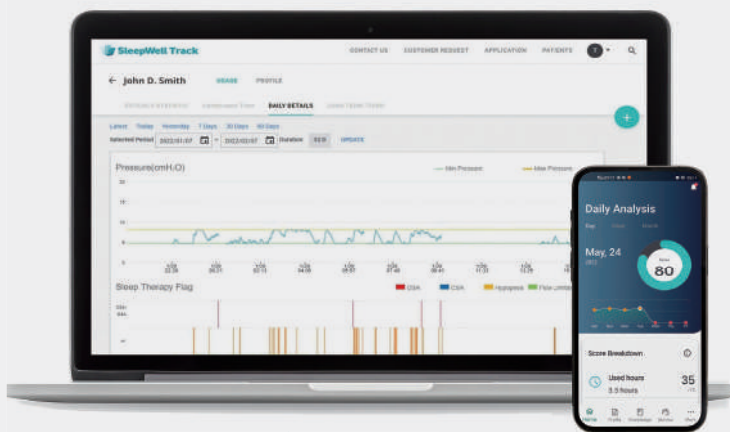
SleepWell Track unifies language and information sharing between care providers and patients, empowering patients to convey more perceived symptoms and clarify treatment issues and experiences. Care providers can provide data-driven suggestions and plans on-demand to improve patient confidence, adherence, and clinical outcomes.

Clinical Benefits

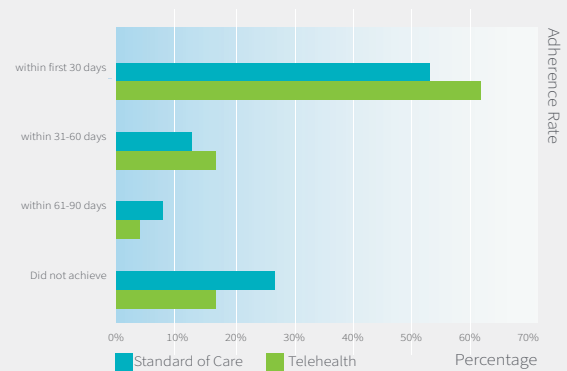
Delivery of OSA treatment and educational resources to patients' personal devices reduces the negative impact of restricted access to consistent medical services, delayed care, and loss of quality and experience for OSA patients.⁵

Remote monitoring support improves patient compliance within 3 months of treatment and increases the treatment period by 1.5 hours per night and adherence rate by 10% to 14%.⁶

Healthcare services that offer telehealth programs, such as using auto-notifications to inform patients and healthcare providers regularly, reduce in-person follow-up appointment time by half, leading to better prioritization over visitations (based on patient severity), allocation of resources, and more patients serviced in total.⁷



SleepWell Track (web) is for care providers.
SleepWell (app) is for patients.



Telehealth significantly increased CPAP usage and adherence within 30 days.⁷

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Patient

Therapy supported with self-monitoring and coaching

SleepWell app allows patients to self-monitor treatment progress with daily compliance scoring and period reports and manage misfit, air leakage, or usage issue upon alert. The in-app coaching assists patients in troubleshooting simple usage issues, learning treatment and solution knowledge, and developing healthier habits and motivation.

Stay informed, motivated, and energized on-the-go

SleepWell app helps patients stay consistent and motivated while travelling by reinforcing patients' social support and feedback with in-app therapy progress details, assessment information, and educational resources. Eliminating the barriers to long-term therapy adherence enable patients to enjoy better quality sleep, work, and life.

